

2021: A Year in Review



Hispanic Heritage Festival



Caswell County

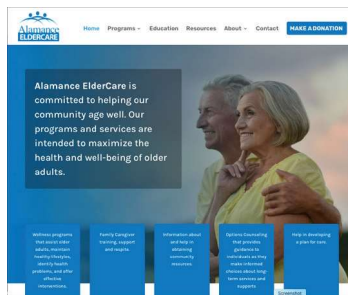
COVID-19 Giveaways

Alamance ElderCare took the initiative to help family caregivers protect themselves and those they love in order to prevent the spread of COVID-19. These events were open to any unpaid caregiver in Alamance County who cares for a senior(s), 60+ years of age or is a senior (55+) who cares for a minor child or disabled adult. Attendees could receive face masks, gloves, hand sanitizer, thermometers and more. Approximately 400 people participated in these COVID-19 giveaways:

Nov 2020	Melfield United Church of Christ, Haw River
Jan 2021	Friendship Adult Day, Burlington
Feb 2021	Caswell County Outreach Ministry, Yanceyville
Mar 2021	Caswell County Outreach Ministry, Yanceyville
Apr 2021	Kernodle Senior Center, Burlington
May 2021	Caswell County Senior Center, Yanceyville
Sept 2021	Ebenezer United Church of Christ, Burlington
	Hispanic Heritage Festival, Graham
Oct 2021	Caswell County Senior Center, Yanceyville

Website Redesign

In an effort to develop a more comprehensive and responsive website, Alamance ElderCare partnered with All Pro Media to redesign our online presence. The new website now include videos of past events, video messages from Board members, client stories and more. See our new website at **AlamanceElderCare.com**.



Board member Bob Byrd, Angela Thompson, and Marie Crissman wish Laura Regan well upon her retirement in December 2020. Laura was with Alamance ElderCare for 12 years, serving as Program Director since 2015.



Going Virtual for Caregivers

Hosting virtual events via Zoom enabled Alamance ElderCare to continue to reach caregivers, many of whom were even more isolated than before the pandemic. While topics included many familiar subjects such as advanced directives, Medicare, dementia, brain health, medication and finances, we also worked to address relevant issues including anxiety and COVID-19, new holiday traditions and closing the stress cycle. In addition, we reach out to a new group of seniors by hosting a Virtual Classroom Connections event for grandparents raising grandchildren. In total, during 2021 we hosted:



- 13 Family Caregiver Educational Programs
- 10 Virtual Family Support Programs
- Powerful Tools for Caregivers (6-week program)

Annual Caregiver Fair Must Go On

In April, we continued our tradition of hosting the Family Caregiver and Senior Resource Fair ... virtually! Teepa Snow, a leading educator and advocate for those living with dementia, presented the keynote address "Managing Behaviors: Start with You" and fielded participants questions.



Expanded Partnerships

We are grateful to the following organization that partnered with us in 2021 to reach seniors and caregivers in our community:

- Alzheimer's Association
- Ebenezer United Church of Christ
- Dream Center
- Saxapahaw Cares
- Diaper Bank of North Carolina
- TRLA

We Missed You at the Luncheon and on the Links!

Our two major fundraising events – the Annual Luncheon and the Divas & Duffers Golf Tournament – had to be cancelled in 2021 due to COVID-19 restrictions. While we rely on these events for a portion of our financial support each year, we also appreciate *and missed* the opportunity to gather with friends, sponsors, community leaders, and others who encourage us in our mission.

How You Can Help

Your financial support is critical to helping Alamance ElderCare provide services at no cost to seniors and family caregivers. Please use the enclosed card to make a donation, or scan the QR code with your smart phone or tablet's camera to donate online:

